# Planning for a Goal

There are four steps to goal setting. If you don’t reach your goal after the last step, remember to go back and keep trying.

Know your goal.

Decide what you want. Is your goal short-term or long-term?

Make a plan

so you can reach your goal.

Put your plan

into action.

Decide if your

plan is working.

Step 1 Step 2 Step 3 Step 4

Peter used these steps to reach his goal:

Peter

wants to buy a bike.

He researches how

much the bike will cost and decides that he can save $3 of his allowance every week.

The bike costs $60

so Peter begins saving

$3 a week and will need to keep doing that

for 20 weeks.

After 20 weeks,

Peter has saved $60 and buys the bike.

**Remember that everyone reaches their goals differently.** You may have the same goal as many of your friends, but you may have a different plan to reach that goal and may accomplish it in a different way.

# Setting Academic Goals

**Marcus:** Hi, Mrs. Girard! Would you help me with my math? I haven’t been doing well in class.

**Mrs. Girard:** Sure! You can use goal-setting steps to

come up with a plan to reach your academic goal of doing better in math. An **academic goal** is a goal you set that relates to your school work. For example, if you want to get at least a B on your next math test, then you might plan to study your math homework for fifteen minutes every day.

**Marcus:** That’s a good idea because it seems like I’m always forgetting what we learned the

day before. I could also work with a friend and we could quiz each

other after school.

**Mrs. Girard:** Excellent idea. You could also make flashcards for yourself. Write a vocabulary word on one side and the definition on the back. Then use the cards to quiz yourself or a friend. Remember though,

the most important thing to do is pay attention in class and be sure

you finish your work.

**How could Marcus improve how he’s doing in his math class?**

**Improve how he’s**

**doing in his math class.**

## What is an academic goal you have for yourself?

Write it in the center of the web below and write the short-term goals in the outer ovals.