Lesson 5

# Interests and Careers

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| Learning Goals  1. Students are able to identify their interests and passions. 2. Students will understand the significance of a college major. 3. Students will understand how to apply their interests to a potential career or major. |

## Introduction (~5 minutes)

* **Welcome your classroom back to Beaver Hangouts**
  + Recap how your week has been and introduce the lesson. Start the discussion by asking the students to shout out what they are interested it.
    - Share what you are interested in. Talk about what you are studying at OSU and how you decided on that major. What potential careers can you pursue with your major?
    - What clubs or extracurricular activities are you involved in?
    - Ask the students if they have any questions before you begin the activity.

## Activity 1 (~15 minutes)

* **“What interests you?” Career Interest Inventory**
  + This survey will help students figure out which professions may be a good fit for them based on their interests. Each student should have his or her own quiz. Have the students complete the survey and tally their totals for each column at the bottom. For the column with the most tallies, see which letter it correlates to. Each letter corresponds to a group of occupations, listed on the back.
  + Ask the students to share their results. One method is to ask for a show of hands to see how many students had [insert occupation group] as their highest score. Share your results as well.

## Activity 2 (~15 minutes)

* **Exploring Your Interests at OSU** 
  + Ask the students what they know about college majors.
    - What is a major in college?
    - Why is choosing a major important?
    - How do you choose a major?
  + Have the students get out the “Exploring Your Interests at Oregon State University” sheet, and look at some of the majors OSU has for each letter. Explain that these are only a few of the many majors that are available at OSU. This activity emphasizes choosing a major based on a student’s interest.
  + The sheet also lists several clubs available at OSU. Give the students a few minutes to look over the list and discuss it with their peers. Then ask students to share which clubs and majors they are interested in. Students may have questions about specific items listed on the handout. Be prepared to answer their questions!

## Closing/Assignment (~5 minutes)

* **Wrap-up**
  + Leave some time for students to ask you questions