

# Week 1

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## Introduction to Beaver Hangouts: *Coach Guide*

### Learning Goals

1. Students and coaches will get to know each other and establish a “safe space”
2. Students will be able to define “post-secondary education”
3. Students and coaches will establish ground rules and goals of the class for the year

### Introduction (~5 minutes)

- **Welcome your classroom to Beaver Hangouts**
  - Introduce yourself to your students and give them a brief overview of your background. You may want to include things like:
    - Your personal background (Where are you from? What was it like growing up there? Do you have any siblings?)
    - Your educational background (Are you a first generation college student? Did you go to public or private school?)
    - Why did you choose to come to Oregon State University?

### Think, Pair, Share! (~10 minutes)

- **Interview Icebreaker**
  - Have students get into groups of 2 or 3. Announce that they will be “interviewing” their partner(s). Have them write down their partner’s full name, their age, what they want to be when they grow up, and one interesting fact about them.
  - When everyone is done with their interview, each group will stand up and introduce their partner(s). (You may want them to come right up to the camera when speaking for better sound quality.)
  - Keep a list of names and student info to reference throughout the year.

### Activity (~15 minutes)

- **Safe Space and Ground Rules**
  - What is a Safe Space?
    - Read this definition aloud to your class: *“A place where anyone can relax and be fully self-expressed, without fear of being made to feel uncomfortable, unwelcome, or unsafe on account of biological sex, race/ethnicity, sexual orientation, gender identity or expression, cultural background, age, or physical or mental ability; a place where the rules guard each person's self-respect and dignity and strongly encourage everyone to respect others.”*
    - Ask students to raise their hands and come up with ways we can create a Safe Space during Skype sessions. Write down their responses to refer to throughout the year.



- Ground Rules
  - This is an opportunity to get students involved with establishing ground rules for the year. Have them come up with some rules and write them down. (These might include: raising your hand when you have something to say, standing up or coming up to the camera when it's your turn to speak, keeping questions appropriate and on task, etc.)

## Lesson (~15 minutes)

### ➤ What is Post-Secondary Education?

- Ask students to raise their hand if they have heard of the term “post-secondary education”. If so, call on someone to define it. **Definition:** *Any form of education beyond high school.*
- Have students come up with different types of post-secondary education. This might include: colleges, universities, community colleges, ROTC programs, vocational/trade schools, certificate programs, apprenticeships, & more)
- Talk about what form of post-secondary education you are currently pursuing and how you determined it was the right path for you.

### ➤ Learning Goals

- Talk about some of the topics you are going to cover during your Skype sessions this year.
- Ask students to write down three things they would like to learn more about this year, regarding post-secondary education, careers, etc. Have them share.

## Closing/Assignment (~5 minutes)

### ➤ Wrap-up

- Leave some time for students to ask you questions
- Optional: Give students a short assignment for next time



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## Introduction to Beaver Hangouts: *Student Worksheet*

### Think, Pair, Share!

Get in groups of 2 or 3 with the classmates sitting next to you. Your task is to interview each other, finding out the following information:

1. *Their name:*
2. *Their age:*
3. *What they want to be when they grow up:*
4. *An interesting fact about them:*

### Beaver Hangouts is a Safe Space

*A Safe space is a place where anyone can relax and be fully self-expressed, without fear of being made to feel uncomfortable, unwelcome, or unsafe on account of biological sex, race/ethnicity, sexual orientation, gender identity or expression, cultural background, age, or physical or mental ability; a place where the rules guard each person's self-respect and dignity and strongly encourage everyone to respect others.*

*Name three ways we can we create a Safe Space during our Skype sessions together:*

- 1.
- 2.
- 3.

### Beaver Hangouts Ground Rules

In order to make the most of our time together, we need to establish some ground rules.

*Name three rules you think we should all follow as a class:*

- 1.
- 2.
- 3.

### What is Post-Secondary Education?

Definition: \_\_\_\_\_

*Name three types of post-secondary education:*

- 1.
- 2.
- 3.

### Beaver Hangouts Learning Goals

*Name three things you hope to learn this year about post-secondary education:*

- 1.
- 2.
- 3.

