Week 6

# Budgeting: *Coach Guide*

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| Learning Goals1. To understand what a budget is and why it is useful
2. To design a budget plan based on a set level of income per month
3. To identify the challenges associated with various standards of living
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## Introduction (~5 minutes)

* Welcome your students back to Beaver Hangouts and recap your week as a college student.
* Introduce the topic for this week’s lesson: budgeting!
	+ Ask students what they know about budgeting.
		- What is it? How do you do it? Who does it? Etc.
	+ Share your experience with budgeting as a college student. Why is it important? Is it difficult? What resources do you have?

## Think, Pair, Share! (~10 minutes)

* **Budgeting**
* Share the “Banana S.P.L.I.T.” model (“Don’t let your money melt away, SPLIT it!”)
	+ - **S**ave and set limits
		- **P**rioritize
		- **L**ive within your means
		- **I**mpulse buying is risky
		- **T**rack your expenses
* Ask them if they remember/have them guess how much money they will make as a(n)…
	+ - High school dropout = $0 - $23,000/yr
		- High school grad = $0 - $32,000/yr
		- 2-year college grad (Associate’s degree) = $15,000 - $38,000/yr
		- 4-year college grad (Bachelor’s degree) = $25,000 - $53,000/yr
		- These are averages; tell them that some start at $0 because they are much more likely to be unemployed with this level of education
* Ask them if they remember what sorts of jobs are available for each level of education
	+ - High school dropout = fast food worker, cashier, hostess, grounds maintenance worker
		- High school grad = secretary (entry level), postal service worker, data entry clerk, home appliance repairman
		- 2-year college grad (Associate’s degree) = chef, electrician, barber/hairdresser, mechanic
		- 4-year college grad (Bachelor’s degree) = engineer, journalist, accountant, business consultant
* Tell them that we are now going to see how budgeting would work at each level

## Activity 1 (~25 minutes)

* **Assign Education Level**
	+ Have the teacher give each student (or pair of students) one of the four levels of education
	+ Make sure that each level is represented (i.e. that at least one student in the class is going to be a HS dropout, HS grad, Associates, Bachelors)
		- Have the students raise their hand if they are a… \_\_\_\_\_\_\_ to see who is what
* **Budget Away!**
	+ Explain to the students what each of the items on the budget sheet represents
	+ Have them refer to the other provided sheet to see their options for filling out the worksheet
	+ Have them begin and be willing to answer any questions
	+ If you have extra time, throw a curveball at them i.e. medical incident (sprained wrist): You have the following options:
		- Get medical treatment, if you had insurance: $50
		- Get medical treatment, no insurance: $300
		- Do not get medical help at all (very dangerous and painful)

## Closing/Assignment (~5 minutes)

* **Wrap-up**
	+ Ask them what the struggles were and if they are satisfied with their standard of life at this level; this is why college is important!
	+ Do they have any additional questions?