Week 6

# Budgeting: *Coach Guide*

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| Learning Goals  1. To understand what a budget is and why it is useful 2. To design a budget plan based on a set level of income per month 3. To identify the challenges associated with various standards of living |

## Introduction (~5 minutes)

* Welcome your students back to Beaver Hangouts and recap your week as a college student.
* Introduce the topic for this week’s lesson: budgeting!
  + Ask students what they know about budgeting.
    - What is it? How do you do it? Who does it? Etc.
  + Share your experience with budgeting as a college student. Why is it important? Is it difficult? What resources do you have?

## Think, Pair, Share! (~10 minutes)

* **Budgeting**
* Share the “Banana S.P.L.I.T.” model (“Don’t let your money melt away, SPLIT it!”)
  + - **S**ave and set limits
    - **P**rioritize
    - **L**ive within your means
    - **I**mpulse buying is risky
    - **T**rack your expenses
* Ask them if they remember/have them guess how much money they will make as a(n)…
  + - High school dropout = $0 - $23,000/yr
    - High school grad = $0 - $32,000/yr
    - 2-year college grad (Associate’s degree) = $15,000 - $38,000/yr
    - 4-year college grad (Bachelor’s degree) = $25,000 - $53,000/yr
    - These are averages; tell them that some start at $0 because they are much more likely to be unemployed with this level of education
* Ask them if they remember what sorts of jobs are available for each level of education
  + - High school dropout = fast food worker, cashier, hostess, grounds maintenance worker
    - High school grad = secretary (entry level), postal service worker, data entry clerk, home appliance repairman
    - 2-year college grad (Associate’s degree) = chef, electrician, barber/hairdresser, mechanic
    - 4-year college grad (Bachelor’s degree) = engineer, journalist, accountant, business consultant
* Tell them that we are now going to see how budgeting would work at each level

## Activity 1 (~25 minutes)

* **Assign Education Level**
  + Have the teacher give each student (or pair of students) one of the four levels of education
  + Make sure that each level is represented (i.e. that at least one student in the class is going to be a HS dropout, HS grad, Associates, Bachelors)
    - Have the students raise their hand if they are a… \_\_\_\_\_\_\_ to see who is what
* **Budget Away!**
  + Explain to the students what each of the items on the budget sheet represents
  + Have them refer to the other provided sheet to see their options for filling out the worksheet
  + Have them begin and be willing to answer any questions
  + If you have extra time, throw a curveball at them i.e. medical incident (sprained wrist): You have the following options:
    - Get medical treatment, if you had insurance: $50
    - Get medical treatment, no insurance: $300
    - Do not get medical help at all (very dangerous and painful)

## Closing/Assignment (~5 minutes)

* **Wrap-up**
  + Ask them what the struggles were and if they are satisfied with their standard of life at this level; this is why college is important!
  + Do they have any additional questions?