

PROFESSORS

- ◇ Professors are professionals who are your primary contact for the class you are taking.
- ◇ Attending office hours is a good way to build a good relationship with your professor, especially if that class is a large lecture hall. Establishing a strong network can help you feel more comfortable on campus and increase your career prospects for the future.
- ◇ Although they seem intimidating, professors genuinely enjoy getting to know students!

TEACHING ASSISTANTS (T.A.)

- ◇ TAs are graduate students who help students in classes by teaching the lecture, hosting office hours, and grading assignments and exams.
- ◇ A lot of students find TAs more approachable than professors due to their being close in age and smaller classrooms.
- ◇ TAs can help with explaining material from class and offer a different perspective from the professor.

RESIDENT ASSISTANT (R.A.)

- ◇ RAs are students just like you who are responsible for creating and maintaining emotionally and physically safe and secure residence halls.
- ◇ RAs are there to assist residents with academic, health and wellness, safety, and other questions or concerns. They can offer tips for navigating the logistical and emotional components of college.
- ◇ RAs are trained to be “Gatekeepers”, peer consultants and confidants for suicide prevention.

ACADEMIC COACH

- ◇ Coaching provides a partnership between students seeking to improve their study strategies and peer coaches who are trained to listen and ask thought-provoking questions.
- ◇ Peer coaches are students just like you!
- ◇ Peer coaches are trained to help you develop strategies for time management, test preparation, test taking, procrastination, and stress reduction.

ADVISOR

- ◇ Advisors are faculty members who can help you pick out classes, plan for the future, and listen to your needs.
- ◇ Students should meet with their advisors regularly to build a good relationship, as advisors are powerful resources for academic and personal help.
- ◇ Advisors can provide letters of recommendation for internships, jobs, or professional schools. Just like professors, advisers may seem intimidating, but it is their job to help you!

COMMUNITY RELATIONS FACILITATORS

- ◇ CRFs are students just like you who work to promote inclusive and welcoming communities in the residence halls, cooperative houses, and dining facilities through facilitated workshops and programs.
- ◇ CRFs work and live within the residence halls and operate in the cooperative houses to lead discussions and activities around issues of diversity and social justice
- ◇ CRFs act as liaisons for the six cultural resource centers on campus.